

SPIRITUAL DISCIPLINE DISCIPLINA SPIRITUALE



THE WHEEL OF LIFE LA RUOTA DELLA VITA



FORZA DI GRAVITA'
= Legge del peccato e della morte

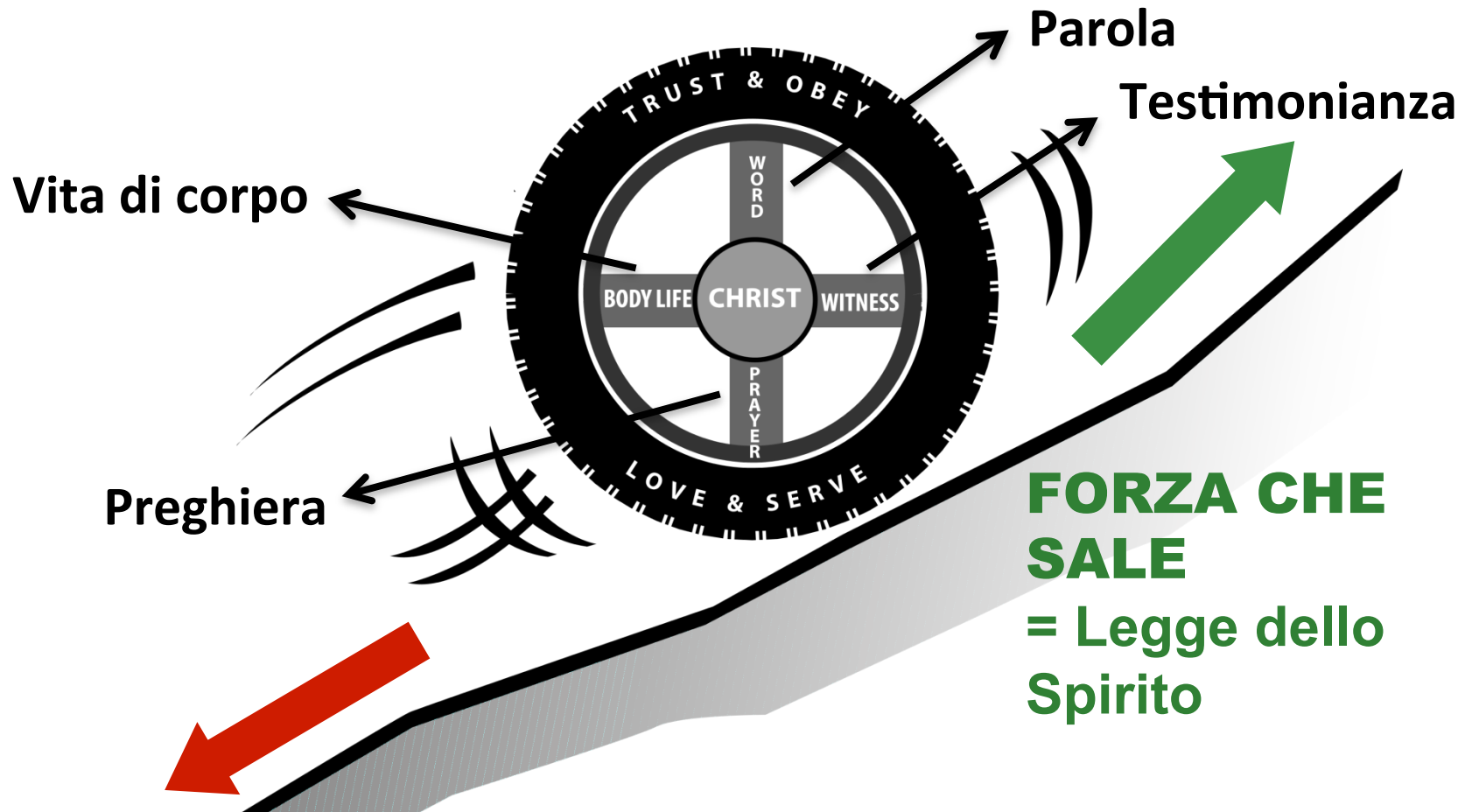
ROMANS 7:21-23

21 I find then a law, that evil is present with me, the one who wills to do good.

22 For I delight in **the law of God** according to the inward man.


23 But I see another law **in my members**, warring against the law of my mind, and bringing me into captivity to **the law of sin** which is in my members.

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FORZA DI GRAVITA'
= Legge del peccato e della morte

FORZA CHE SALE
= Legge dello Spirito



***2Co 4:16 Therefore we do not lose heart.
Even though our outward man is
perishing, yet the inward man is being
renewed day by day***

***2Co 4:16 Perciò noi non ci perdiamo
d'animo; ma, anche se il nostro uomo
esteriore va in rovina, pure quello interiore
si rinnova di giorno in giorno.***



SPIRITUAL DISCIPLINE
AND LEGALISM ?

DISCIPLINA SPIRITUALE
E LEGALISMO ?

4 KINDS OF LEGALISM

4 TIPI DI LEGALISMO

***1. Obeying the commandment
without knowing the purpose***

***Ubbidire ai comandamenti
senza conoscere lo scopo***

***2. Obeying the commandment
outwardly without inner obedience***

***Ubbidire ai comandamenti
esteriormente senza ubbidienza interiore***

4 KINDS OF LEGALISM

4 TIPI DI LEGALISMO

***3. Obeying the commandment
with the wrong motives***

***Ubbidire ai comandamenti
per le ragioni sbagliate***

4. Obeying the commandment from men

Ubbidire ai comandamenti degli uomini



SPIRITUAL DISCIPLINE
AND GRACE ?

DISCIPLINA SPIRITUALE
E GRAZIA ?

Tit 2:11 For the grace of God that brings salvation has appeared to all men,

Infatti la grazia salvifica di Dio è apparsa a tutti gli uomini,

Tit 2:12 teaching us that, denying ungodliness and worldly lusts, we should live soberly, righteously, and godly in the present age,

e ci insegna a rinunciare all'empietà e alle mondane concupiscenze, perché viviamo nella presente età saggiamente, giustamente e piamente,

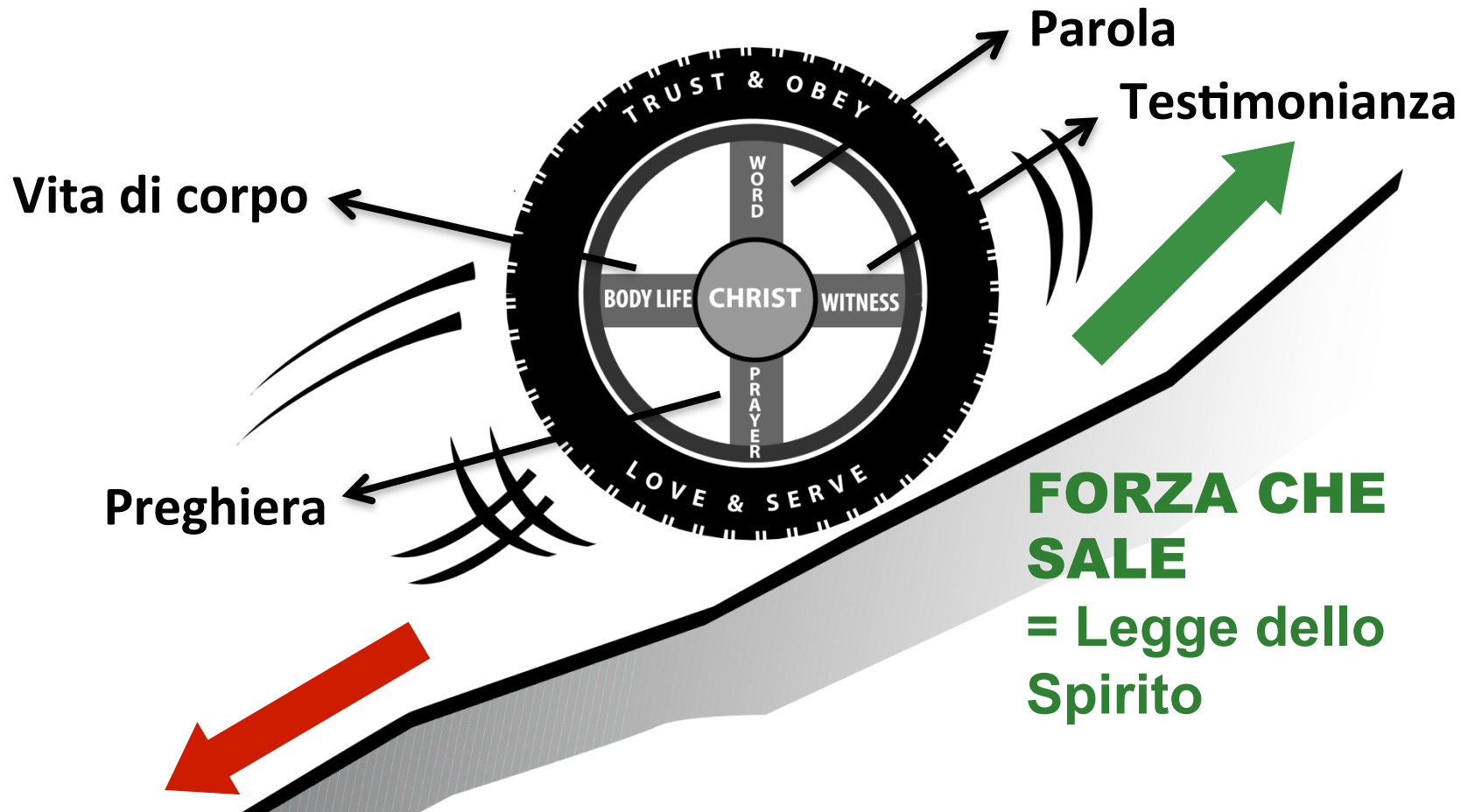
Fil 2:12 Therefore, my beloved, as you have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling;

Perciò, miei cari, come mi avete sempre ubbidito non solo quando ero presente, ma molto piú ora che sono assente, compite la vostra salvezza con timore e tremore,

Fil 2:13 for it is God who works in you both to will and to do for His good pleasure.

poiché Dio è colui che opera in voi il volere e l'operare, per il suo beneplacito.

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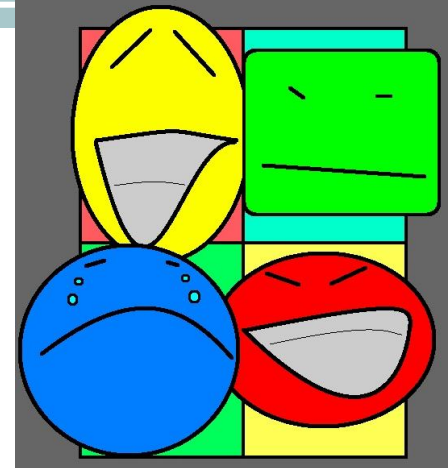



FORZA DI GRAVITA'
= Legge del peccato e della morte

FORZA CHE SALE
= Legge dello Spirito



DISCIPLINA SPIRITUALE E IL NOSTRO UMORE ?





Heb 5:8

***though He was a Son, yet He learned
obedience by the things which He suffered.***

Ebr 5:8

***Benché fosse Figlio, imparò l'ubbidienza
dalle cose che soffrì,***

3 Kinds of Learning

3 Tipi di apprendimento

- 1. Things we can do although we didn't learn them***
Cose che possiamo fare anche se non le abbiamo imparate
- 2. Things we can do because we've learned them***
Cose che possiamo fare perchè le abbiamo imparate
- 3. Things we can't do although we've learned them***
Cose che non possiamo fare anche se le abbiamo imparate




WHAT IS SPIRITUAL DISCIPLINE?

COS'E' LA DISCIPLINA SPIRITUALE?

***Spiritual Discipline means
practicing spiritual exercises in order to activate God's
grace, so that we can achieve God's plan / God's will***

***Disciplina spirituale significa
praticare esercizi spirituali per attivare la grazia di Dio,
così da poter realizzare il piano di Dio / la volontà di
Dio***



1Co 9:24 Do you not know that those who run in a race all run, but one receives the prize? Run in such a way that you may obtain it.

1Co 9:25 And everyone who competes for the prize is temperate in all things. Now they do it to obtain a perishable crown, but we for an imperishable crown.

1Co 9:26 Therefore I run thus: not with uncertainty. Thus I fight: not as one who beats the air.

1Co 9:27 But I discipline my body and bring it into subjection, lest, when I have preached to others, I myself should become disqualified.

1Co 9:24 Weet u niet dat van de atleten die in het stadion een wedloop houden er maar één de prijs kan winnen? Ren als de atleet die wint.

25 Iedereen die aan een wedstrijd deelneemt beheerst zich in alles; atleten doen het voor een vergankelijke erekrans, wij echter voor een onvergankelijke.

26 Daarom ren ik niet als iemand die geen doel heeft, vecht ik niet als een vuistvechter die in de lucht slaat.

27 Ik hard mezelf en oefen me in zelfbeheersing, want ik wil niet aan anderen de spelregels opleggen om uiteindelijk zelf te worden gediskwalificeerd.



SPIRITUAL DISCIPLINE:
TRAINING VS TRYING

DISCIPLINA SPIRITUALE:
FORMARE VS PROVARE



***1Ti 4:7b ...and exercise yourself toward
godliness.***

...ma esercitati nella pietà.

***1Ti 4:8 For bodily exercise profits a little, but
godliness is profitable for all things, having
promise of the life that now is and of that
which is to come.***

***perché l'esercizio corporale è utile a poca cosa,
ma la pietà è utile ad ogni cosa, avendo la
promessa della vita presente e di quella futura.***









**DARE TO BE A
DISCIPLE**

**ABBI IL CORAGGIO DI ESSERE UN
DISCEPOLO**